



# Ageing better IN real LIFE!

## Technology enabled strategies and tools for supporting older adults living in the community

Salón de Actos. Edificio C  
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**Madrid, 17 January 2018 - 09.00-14.00 – Universidad Politécnica de Madrid**

*A workshop organised by the IN LIFE project consortium*

On average people in Europe live longer than just one generation ago. The challenge for Europe is to make sure that older adults live those additional years in the best possible condition. For most of them, this means living in own homes or at least in community settings, supported on an “as needs”-basis by informal and formal caregivers. If introduced appropriately in real life, technology can be a precious ally in making the life experience while ageing of higher quality compared to a situation without technology: more independent, safer, socially connected and with better and sustainable integrated care. This holds true in particular for persons with mild cognitive impairment and initial stage dementia.

The IN LIFE project has developed strategies and tools in different areas of independence for older adults with mild cognitive impairment and different stages of dementia. The project has aimed to prolong and support their independent living through interoperable, open, personalised and seamless ICT solutions that support home activities, communication, health maintenance, travel, mobility and socialisation tasks.

In this workshop, the Consortium will present the results and discuss the outcomes of the project with representative stakeholders: older adults, informal caregivers, service providers, clinicians, industry, policy makers and researchers. Demos of the developed systems and services will be available.

### Final programme

- 8.30 Registration desk open
- 9.00 Welcome and Opening
- 9.30 The challenges of integrated care for older adults – *Leo Lewis (AAATE & Integrated Care Foundation)*
- 9.50 The IN LIFE approach – *Maria Fernanda Cabrera (project co-ordinator)*
- 10.20 Examples of IN LIFE technologies and services and their piloting
  - The IN LIFE Application Centre and the Matchmaker. – *Nikolaos Kaklanis & Stefanos Stavrotheodoros (CERTH/ITI)*
  - Combining tools and technologies for assessing elderly drivers – *Mary Panou (CERTH/HIT)*
  - Easing the use of technology for daily living: Daily Function Assistant – *Miguel Páramo (UPM)*
  - Intelligent Assistant Carer for Active Ageing: Fall detection & eDoorman – *Jani Bizjak (Jozef Stefan Institute)*
- 11.20 *Break*
- 11.50 End user involvement: IN LIFE lessons learned – *Arlene Astell (University of Reading)*
- 12.05 Exploitation and business models: IN LIFE lessons learned – *Paul Davis (Dublin City University)*
- 12.20 “Challenges for the advancement of eHealth”-panel session with *Peter Cudd (University of Sheffield), Jon Arambarri Basanez (Virtualware), Francisco Lupiáñez-Villanueva (Open Evidence), Christian Galinski (Infoterm), Maite Ferrando (ProACT Consortium)*. Moderator: *Evert-Jan Hoogerwerf (AAATE)*
- 13.00 Visit to demo set ups
- 14.00 End of workshop

Organisation: Universidad Politécnica de Madrid, CRTM & AAATE



Registration is required: please click [here](#)

The official language of the workshop is English, but translation into Spanish is provided.

Programme updates will be regularly posted on the project website <http://www.inlife-project.eu/>

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